# 2021 Avera vLEAD Leadership Series: The Resilient Leader (Enduring Material)

\*\* An e-learning course available on the Avera portal \*\*

## **Program Goal**

This session is a recording of an interactive session with Steve Tappe, discussing the topic of resiliency amidst the events and trauma of this past year and the pandemic. Steve led participants on a journey of self-awareness and shared questions with the group that leaders were able to reflect, share and potentially utilize as tools for their teams in a similar manner.

# **Objectives**

- 1 Discuss how successful teams and high quality leadership lead to an improved health care delivery system.
- 2 Describe ways to maintain resiliency in the face of challenge.
- 3 Define the value of vulnerability for leaders.

## **Outcome**

80% of learners will self-report an increase in knowledge of the tools utilized in order to effectively lead their teams by the end of the activity.

## **Target Audience**

**Professions** – Physician, Nursing Facility Administrator, Social Worker, Administration, Physician Assistant, Director, Manager, Vice President, CEO, PhD

**Specialties** – Leadership, Administration, Health Administration

## **Completion Requirements**

- Watch entire educational activity
- Complete the post-test
- Complete the evaluation

#### Physicians

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.0** AMA PRA Category 1 Credits(s) $^{\text{TM}}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.0** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

#### **Social Workers**

Avera Health Provider #1029 is an approved provider of continuing education by the South Dakota Board of Social Work Examiners. Social Workers will receive **1.0** continuing education clock hours for participating in this course.

### **Nursing Facility Administrators**

Avera is an approved provider of continuing education for South Dakota through the South Dakota Board of Nursing Facility Administrators. This educational activity is approved for **1.0** hours for nursing facility administrators.

## **Additional Information**

Feedback person for this educational activity is: Robyn.ewalt@avera.org Enduring material available from 9/16/2021 to 12/31/2022 This course content was reviewed on 09/10/2021

# **Disclosure Policy**

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/ Nature of relationship
TANYA DIETRICH, BA RT(R)(M)	Committee Planning Member	Non-Clinical Exception
Debbie Kooiker, BA	Content Expert - Committee Planning Member	Non-Clinical Exception
Faith Minnich Kjesbo, MA	Committee Planning Member	Non-Clinical Exception
Tracy Olson, SPHR, SHRM-SCP	Committee Planning Member	Non-Clinical Exception
Vonda Reed, BS, Education Consultant	Committee Planning Member	Non-Clinical Exception
Steve Tappe, M.T.S.	Faculty	Non-Clinical Exception
ROBYN EWALT, BA	Lead Planner	Non-Clinical Exception
Amy Skoglund, RN, BSN	Nurse Planner	Non-Clinical Exception

